

Anorexia:

Lack or loss of appetite or decreased sensation of appetite for food.

Cause:

Viral hepatitis	Addison's disease
Pneumonia	AIDS
Anxiety disorder	Cancer
Chronic Pain	Kidney disease
CCF	Dehydration
Dementia	Drug addiction
↑intake of vit.D	Mood disorders
Tuberculosis	Thalassemia
Zinc deficiency	Opiates

Symptoms:

Decreased sensation or complete loss of appetite.

Diagnosis: on the basis of symptoms.

CBC (for infection or anemia)

HBsAg (for hepatitis)

Sputum tests.

General treatment:

Intake of nutritious diet.

Homeopathic treatment:

Iodium: 3x

In warm water about half an hour before meal to enhance appetite.

Apocynum:

Anorexia in chilly patient with great thirst, caused by abuse of quinine and alcoholism. Symptoms are aggravated by cold weather, cold drinks and uncovering.

Acetic acid:

Pale lean persons with lax flabby muscles, anemic and emaciated with hemorrhagic diathesis.

Great thirst in dropsy but no thirst during fever. Vomiting after every kind of food. Violent burning pain in stomach and chest, followed by coldness of skin and coldness of head. Aggravation from cold air and checked secretions and amelioration by loose stools n motion.

Nux-vomica:

People who are thin, nervous and extremely susceptible to external impressions. They are dark haired, debauched and lead a sedentary lifestyle.

Symptoms are caused by overeating, lack of physical activity, excessive use of stimulants (coffee, tea, and alcohol), sexual excess and stress and strain of modern life.

Patient has hunger with aversion to food due to indigestion. Inclination to vomit, feels "if I could vomit out, I would feel better".

Ignatia: (best time of administration is in morning, in evening it may cause restless sleep)

Empty feeling in stomach not better by eating. Complete loss of appetite without disgust to food or bad taste in mouth. Sweats on a small spot on face while eating.

Women of dark complexion, dark hair, who are easily excited, sensitive and hysterical in nature. Symptoms are caused by grief, fear, disappointed love, jealousy, suppressed mental feelings and old spinal injuries. Aggravation from consolation.

Ferrum-phos:

Anaemic, nervous people who lack vital heat and are sensitive to open air. Patient is very sensitive to cold air, catches cold easily.

Loss of appetite with aversion to food, milk and meat. Abdomen distended, liver and spleen are enlarged. Flatulence, nausea and vomiting.

Lac-vaccinatum:

Chilly patient, sensitive to cold even in warm room feels cold but patient's body remain warm. Headache relived by cold application and rest of the body aches relieved by warmth.

Headache with nausea and vomiting and also headache associated with profuse urination.

Anorexia with desire for large quantities of water. Cold water cause nausea in evening. Severe nausea without vomiting.

Most of the symptoms appear in morning. Menstruation stop after putting hands in cold water.

Abies nigra:

Total loss of appetite in morning but great craving for food at noon and at night.

Sensation of hard boiled egg lodged at cardiac end of stomach. Pain in stomach immediately after eating.

Lycopodium:

Aggravation from 4-8pm.

Canine hunger but only a few mouthfuls make a person feel full upto the throat. Eating increases the hunger. Aggravation after eating. Excessive accumulation of gases rumbling in the abdomen especially in lower abdomen. Fullness not relived by belching n flatus.

Prunus virginiana:

Cardiac complains with coughing and slow digestion which causes anorexia. Watering from mouth. Enlargement of heart from right side. Chronic cough and indigestion of old age. A few mouthfuls make a person feel full.

Calcarea ars:

Loss of desire for food but thirst for cold water.

Mercurius:

Excessive salivation.

Profuse sweat without relief.

All discharges of body are offensive.

Night aggravation.

Ulceration of mouth with metallic taste. Children refuse food and drink on account of sore mouth.

Appendicitis

Inflammation of appendix characterized by right lower abdominal pain, nausea, vomiting and decreased appetite.

Cause:

Trauma

Intestinal worms
Bezoar (mass found trapped in G.I.T)
Fecolith (stone made of feces).

S\S:

Right sided abdominal pain
Loss of appetite
Rebound tenderness.

Nausea
vomiting

Diagnosis:

CBC (↑WBCs)
CT scan
X-ray

USG
MRI

Homeopathic treatment:

Preventive for pain:

Psorinum: (200 or CM)
It will prevent pain in appendicitis.

Cadmium iodat: (200)
It will prevent the process of necrosis.

Iris tenax:

Start the treatment of appendicitis with this medicine.
Great tenderness to pressure on one spot. Fearful pain in ileocecal region. Deathly sensation in the pit of stomach.

Sulphur:

Treatment should be started with iris tenax and prescribe Sulphur as an intercurrent remedy to complete the cure.
Personality: adapted to lean thin patients, with stooped shoulders; they walk and sit stooped.
The persons who are dirty, filthy and prone to skin affections, aversion to being washed. Active and quick tempered.
Standing is the most uncomfortable position.
Weak, empty gone feeling and pain in stomach at about 11 am. Symptoms are caused by suppression of skin eruptions.

Dioscorea villosa: (∞ five drops will ease the pain).

Appendicitis pains which radiate to distant parts. Colic worse by bending forward; better by bending backwards, walking about, rising up and standing erect. Colic as if intestine is grasped and twisted by a powerful hand.
Suited to people who drink tea excessively, or perform excessive fasting, masturbation.

Colocynth:

A left sided medicine except sciatica which is on right side. All symptom are worse from 4-9 pm. Pains appear suddenly and also vanish suddenly. Colic caused by anger, exposure to cold and suppression of menses. Colic is very terrible, compelling the patient to bend double. Abdomen is very sensitive to touch. Pain relived by bending double, pressure and warmth.

Lycopodium: (1M fortnightly or monthly)

Aggravation from 4-8pm.

Patient looks older than he is. Children look older and prematurely old.

Canine hunger but only a few mouthfuls make a person feel full upto the throat. Eating increases the hunger. Aggravation after eating. Excessive accumulation of gases rumbling in the abdomen especially in lower abdomen (carbo veg: gas is accumulated in upper part of abdomen, china: gas accumulates in entire abdomen). Fullness not relived by belching n flatus. Dull and aching pains. Recurrent bilious attacks with vomiting of bile.

Belladonna:

Sudden violent onset, pains come suddenly go suddenly. Bilious plethoric people with red face. Inflammation is very common of effected part of body with fever. Affected part becomes very red, hot, sensitive to touch, swollen and shiny. Pain is of throbbing in nature, appear from right side and moves to left.

Plumbum:

Violent colic with sensation as if abdominal wall is drawn by a string to the spine. Constipation; hard, lumpy, black stools, like sheep dung. Symptoms caused by sexual excess and lead poisoning. Aggravation from motion and amelioration by hard pressure.

Ignatia:

Women of dark complexion, dark hair, who are easily excited, sensitive and hysterical in nature. Symptoms are caused by grief, fear, disappointed love, jealousy, suppressed mental feelings and old spinal injuries. Aggravation from consolation.

Terrible pain in appendix with fear of operation, gripping and stitching pain, the knees drawn upto chin. Involuntary sighing with weak, empty feeling in stomach, not relived by eating.

Bryonia: (1x potency every four hours till the pain stops)

Stitching and burning pains aggravated on lightest motion better by lying on painful side and pressure. Tenderness in right lower abdomen. Patient does not want to be touched and every breath worsen the pain. Great thirst for large quantities of cold water at long intervals.

Arsenic alb:

Patient is mentally restless but physically too weak. Symptom get worse after midnight. Burning thirst for sips of cold water at short intervals. Effected parts burn like fire. Burning pains relieved by heat, hot drinks and hot application. Smell of food causes nausea and vomiting. Patient takes cold water but as there is irritability of stomach, it causes immediate vomiting. Restlessness and fear of death.

Rhus-tox:

Extensive swelling over the ileocecal region and great pain causing restlessness.

Ferrum-phos, kali-mur, Mag-mur:

Useful remedies for inflammation of ileocecal region.